

Cones & Flags

By BJ McDaniel

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The Cones & Flags are used as alignment tools during skeet training. The drawing with cones is a simplified version of the flag drawing. If you are training in American or International skeet, use the drawing with the cones.

Looking at the drawing you will see 6 cones on the field. Now let's just focus on the 3 cones on the left side of the field. Each cone indicates a hold point or a target break point.

Cone 1L = On the high house flight line 27 feet out from the house.
This is where you hold the barrel when you call for the target.
I-Skeet range for this cone is 25-31 feet. A-Skeet is 23-27 feet.
If you are shooting American put this cone at 25 feet.

Cone 2L = On the high house flight line, 8 feet before the center stake.
This is where you want to break the high house target in both singles and doubles. It is also in visual alignment with the break point for the incoming low house single target. (Think about that incomer visually breaking over that cone.)

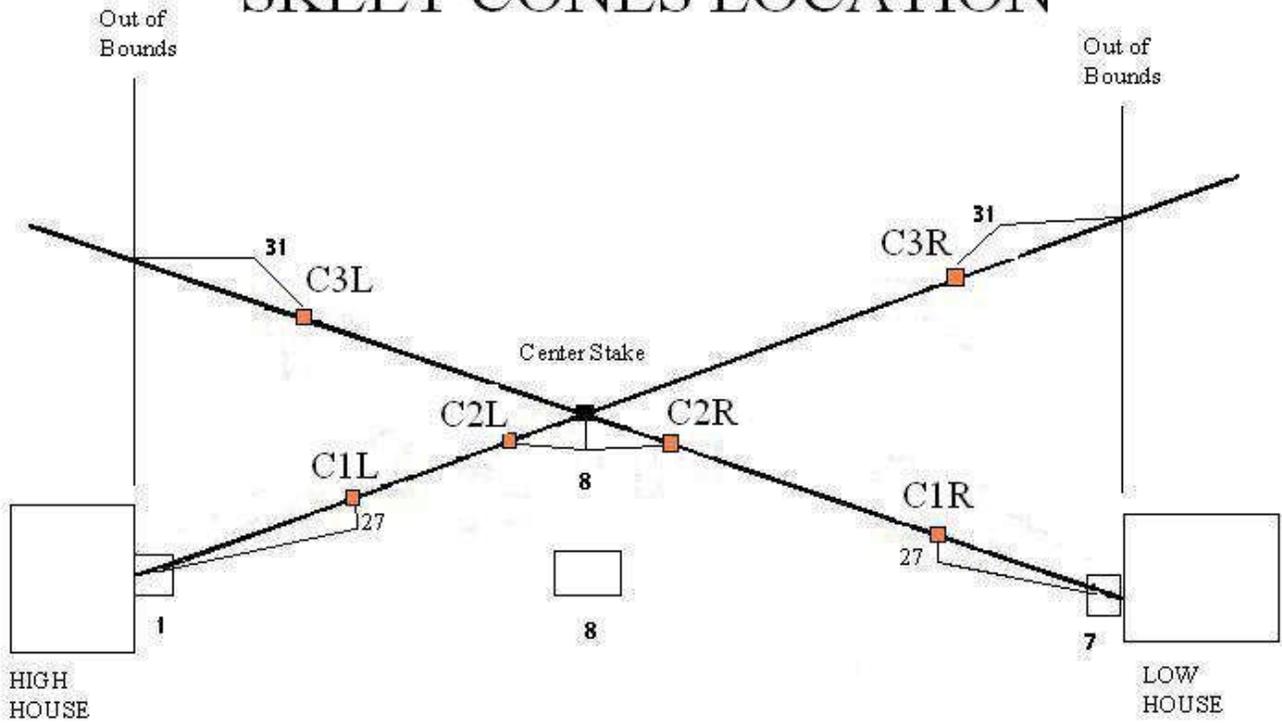
Cone 3L = On the low house flight line, 31 feet before the target is out of bounds. This is where you want to break the low house target in doubles.

This applies in reverse on the other side of the field using cones 1R, 2R, and 3R.. You can figure it out.

On each station you will align your body so that you can swing to both cones on your side of the field without having the body bind-up.

By using the cones during training you insure that you are always in the proper position during practice and you will learn how that feels. When you go to a field without the cones your training will take over and you will find your comfortable position.

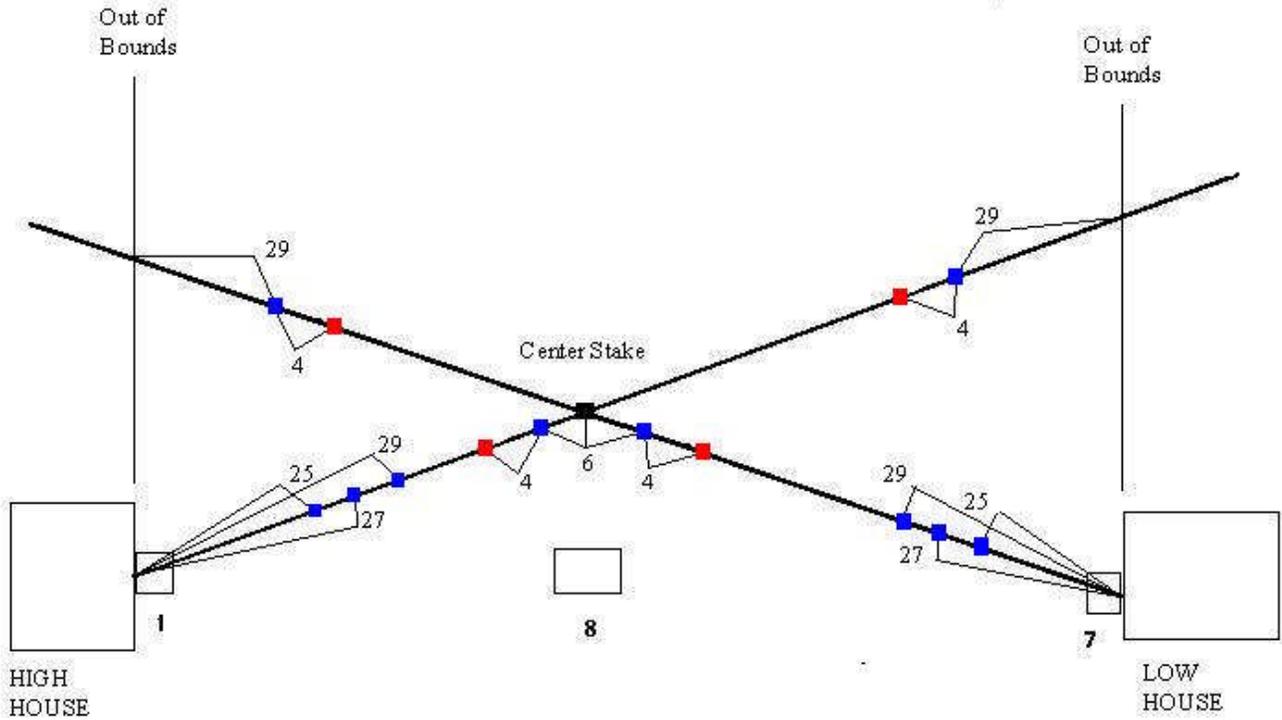
SKEET CONES LOCATION



All Measurements
in feet.

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SKEET FLAG LOCATIONS



All Measurements
in feet.

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